

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK ONE

6 November
27 November
18 December
22 January
19 February
11 March

Option One	Macaroni Cheese	BBQ Chicken with Rice 	Roast Chicken with Roast Potatoes & Gravy	Spaghetti Bolognaise with Homemade Garlic Bread 	Fish Fingers with Chips & Tomato Ketchup
Option Two	Vegetable Curry with Rice  	Vegan Meatballs in a Tomato Sauce with Pasta 	Vegetable Roast with Roast Potatoes & Gravy 	Shepherdess Pie 	Vegan Sausage with Chips & Tomato Ketchup 
Option Three	Jacket Potato with Baked Beans or Cheese	Jacket Potato with Baked Beans, Cheese or Tuna Mayonnaise	Jacket Potato with Baked Beans or Cheese	Jacket Potato with Baked Beans, Cheese or Tuna Mayonnaise	Jacket Potato with Cheese or Tuna Mayonnaise
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Peas & Baked Beans
Dessert	Cinnamon Swirl	Orange Drizzle Cake with Custard	Strawberry Jelly with Mandarins 	Apple Crumble with Custard 	Chocolate Shortbread 

WEEK TWO

13 November
4 December
8 January
29 January
26 February
18 March

Option One	Vegetable Pasta Bake 	Pork Sausage with Mashed Potato & Gravy	Roast Turkey with Stuffing, Roast Potatoes & Gravy	Greek Chicken Pitta with Cucumber Dip & Potato Wedges	Fish Fingers with Chips & Tomato Ketchup
Option Two	Spinach & Cheese Whirl with Cucumber Dip & Potato Wedges	Vegetable Fajitas with Rice  	Vegan Sausage with Roast Potatoes & Gravy 	BBQ Quorn with Rice  	Cheese & Tomato Pizza with Chips 
Option Three	Jacket Potato with Baked Beans or Cheese	Jacket Potato with Baked Beans, Cheese or Tuna Mayonnaise	Jacket Potato with Baked Beans, Cheese or Salmon Mayonnaise	Jacket Potato with Baked Beans, Cheese or Tuna Mayonnaise	Jacket Potato with Cheese or Tuna Mayonnaise
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Greek Salad	Peas & Baked Beans
Dessert	Lemon & Berry Cake	Eves Pudding with Chocolate Sauce	Chocolate Orange Cookie 	Plum & Vanilla Crumble with Custard 	Cinnamon Cookie 

WEEK THREE

20 November
11 December
15 January
5 February
4 March

Option One	Lentil & Sweet Potato Curry with Rice  	Chicken & Broccoli Pasta	Roast Gammon with Roast Potatoes & Gravy	Cottage Pie 	Fish Fingers with Chips & Tomato Ketchup
Option Two	Tomato Arrabiata Pasta 	Cheese & Tomato Pizza with New Potatoes 	Vegan Quorn with Roast Potatoes & Gravy 	Vegan Burger with Potato Wedges 	Cheese & Red Pepper Frittata with Chips & Tomato Ketchup
Option Three	Jacket Potato with Baked Beans or Cheese	Jacket Potato with Baked Beans, Cheese or Tuna Mayonnaise	Jacket Potato with Baked Beans or Cheese	Jacket Potato with Baked Beans, Cheese or Tuna Mayonnaise	Jacket Potato with Cheese or Tuna Mayonnaise
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Peas & Baked Beans
Dessert	Vanilla Shortbread 	Pear & Chocolate Upside Down Cake with Custard	Strawberry Jelly 	Peach Crumble with Custard 	Fruity Shortbread 

MENU KEY



Added Plant Power



Wholemeal



Vegan



Chef's Special

Available Daily:
Fresh Bread – Salad Selection – Fresh Fruit and Yoghurt

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.